



VERBETERDE DCLA CLUBRECORDS OUTDOOR SEIZOEN 2021 - 2022

BEL	ELIEN VEKEMANS	POLSSTOK	4.30m BR	FAYETTEVILLE (USA)	3/12/2021
AC	JELLE JANSE	24-uren loop	200km 883m	DEINZE	19-20/02/2022
CAD	LOUIS COUCKELBERGHS	HAMER 4kg	48.16m	EKLO	16/04/2022
SCH	NOOR KOEKELKOREN	100m	12"16	KESSEL-LO	24/04/2022
CAD	LOUIS COUCKELBERGHS	HAMER 4kg	48.67m	TESSENDERLO	11/05/2022
SCH	DAI KEÏTA	10-KAMP	6943pt	FILDERSTADT (DEU)	21-22/05/2022
JUN	ELIE BACARI	110m H	14"05	LOKEREN	22/05/2022
SCH	NOOR KOEKELKOREN	100m H	13"60	GORINCHEM (NED)	26/05/2022
M35	EDWIN NYS	KOGEL	12.41m	NINOVE	28/05/2022
M50	TOM VAN ONGEVAL	5000m	16'32"13	NINOVE	28/05/2022
M55	MARC NEEFS	400m	58"01	NINOVE	28/05/2022
CAD	LOUIS COUCKELBERGHS	HAMER 4kg	50.68m	EKLO	6/06/2022
SCH	NOOR KOEKELKOREN	100m	12"12	NINOVE	10/06/2022
AC	NINA HESPEL	400m H	56"27	GENEVE (SUI)	11/06/2022
AC	BEN BROEDERS	POLSSTOK	5.85m BR	MERZIG (DEU)	11/06/2022

M35	EDWIN NYS	DISCUS	49.54m	BRUGGE	12/06/2022
M60	THIERRY HUBERLAND	2000m STEEPLE	8'01"95	BRUGGE	12/06/2022
W55	LEEN LAUWERS	200m	33"77	MERKSEM	19/06/2022
AC	NINA HESPEL	400m H	56"08	GENTBRUGGE	26/06/2022
M55	MARC NEEFS	600m	1'31"80	GENTBRUGGE	29/06/2022
M65	MARC GROENINCKX	800m	2'47"71	WOLUWE	2/07/2022
AC	HANNE CLAES	400m H	55"73	LA-CHAUD-DE-FONDS (SUI)	3/07/2022
AC	KWINTEN COOLS	KOGEL	16.55m	MERKSEM	3/07/2022
SCH	NOOR KOEKELKOREN	100m H	13"55	JERUSALEM (ISR)	5/07/2022
SCH	DAI KEÍTA	10-KAMP	6950 pt	JERUSALEM (ISR)	7-8/07/2022
M60	THIERRY HUBERLAND	2000m STEEPLE	8'00"00	TAMPERE (FIN)	8/07/2022
W55	LEEN LAUWERS	150m	25"05	BURCHT	9/07/2022
W55	LEEN LAUWERS	600m	2'09"33	BURCHT	9/07/2022
M65	MARC GROENINCKX	600m	1'58"33	BURCHT	9/07/2022
AC	HANNE CLAES	400m	52"67	NINOVE	16/07/2022
AC	HANNE CLAES	400m	51"85	HUIZINGEN	23/07/2022
SCH	YLIO PHILTJENS	POLSSTOK	4.95m	BANSTRA BISTRICA (SVK)	29/07/2022
AC	HANNE CLAES	400m H	55"33	LIER	30/07/2022
JUN	ELIE BACARI	110m H	13"96	CALI (COL)	2/08/2022
W55	LEEN LAUWERS	300m	53"90	SINT-NIKLAAS	2/08/2022
AC	HANNA CLAES	400m H	55"23	KESSEL-LO	6/08/2022
M35	EDWIN NYS	DISCUS	51.18m	KESSEL-LO	6/08/2022
M60	THIERRY HUBERLAND	300m H	56"66	NINOVE	10/08/2022

M50	STEVEN DECOSTER	2000m	6'22"69	GOOIK	13/08/2022
M65	MARC GROENINCKX	1000m	3'40"27	KORTENBERG	19/08/2022
M60	THIERRY HUBERLAND	1000m	3'28"44	KORTENBERG	19/08/2022
M35	BERT STRUYS	1000m	2'50"19	KORTENBERG	19/08/2022
M35	SEPPE ODEYN	10 000m	32'56"09	KORTENBERG	19/08/2022
CAD	LOUIS COUCKELBERGHS	HAMER 4kg	51.50m	TESSENDERLO	24/08/2022
AC	NINA HESPEL	300m	38"26	EDEGEM	28/08/2022
M50	STEVEN DECOSTER	2 mijl	10'52"47	FLEURUS	3/09/2022
AC	CLAIRE JACOBS, NINA HESPEL,	4 x 400m	3'45"33	KESSEL-LO	4/09/2022
	INE HUGAERTS, BENEDIKT				
	TCHIMOU				
W55	AN VANHELLEMONT	100m	16"34	MERKSEM	25/09/2022
M50	TOM VAN ONGEVAL	MARATHON	2Hr25'38" BR	LONDON (GBR)	2/10/2022
CAD	LOUIS COECKELBERGHS	HAMER 4 kg	52.83m	EKLO	8/10/2022