



| M40 | Naam | GBD | Prestatie | | Plaats | Datum |
|--|--|------------|--------------|----|--------------------|------------|
| 100m | Vander Linden Bert | 26.06.1933 | 11"3 | | Hasselt | 12.06.1977 |
| | Van Avondt Wim | 04.06.1964 | 11"62 | | Tienen | 22.09.2007 |
| 200m | Vandenwijngaerden Willy | 1945 | 23"91 | | Kessel-Lo | 18.06.1985 |
| | Van Avondt Wim | 04.06.1964 | 23"91 | | Sint-Truiden | 03.08.2007 |
| 300m | Eyckmans Marc | 17.05.1960 | 38"64 | | Edegem | 31.05.2002 |
| 400m | Vandenwijngaerden Willy | 1945 | 52"4 | | Obourg | 06.10.1985 |
| 800m | Steurs Wim | 03.09.1964 | 2'01"66 | | Sint-Niklaas | 03.06.2007 |
| 1000m | Verdeyen Johan | 20.03.1961 | 2'39"10 | | Tessengerlo | 25.06.2003 |
| 1500m | Roelants Gaston | 05.02.1937 | 4'02"6 | PR | Wespelaar | 04.07.1980 |
| 1 mijl | Verdeyen Johan | 20.03.1961 | 4'31"20 | | Alken | 27.07.2002 |
| 2000m | Ruell Marc | 19.08.1958 | 5'38"27 | | Tessengerlo | 15.05.2001 |
| 3000m | Ruell Marc | 19.08.1958 | 8'31"38 | PR | Gent | 10.07.1999 |
| 2 mijl | Segers Davy | 1977 | 9'57"50 | | Tessengerlo | 15.09.2017 |
| 5000m | Roelants Gaston | 05.02.1937 | 14'03"0 | BR | Göteborg (Zweden) | 10.08.1977 |
| 10000m | Ruell Marc | 19.08.1958 | 30'31"75 | PR | Naimette | 29.08.1998 |
| 1 uur | Huberland Thierry | 15.08.1961 | 17.777m | | Wespelaar | 05.10.2001 |
| Marathon | Kaers Pascal | 17.07.1972 | 2u29'01" | | Frankfurt (Ger) | 28,10,2012 |
| 100km | Jelle Janse | | 7u17'00" | | Zedelgem | 02.07.2023 |
| 110mh 1,067 cm | Van Moer Theo | 18.09.1940 | 16"5 | PR | | 1981 |
| 300mh | Van Cauwenbergh Frans | | 48"28 | | Hasselt | 25.05.1995 |
| 400mh 91,4cm | Claes Jacques | 27.03.1962 | 58"80 | PR | Naimette | 10.09.2005 |
| 2000m steeple | Huberland Thierry | 15.08.1961 | 6'20"55 | PR | Heverlee | 18.08.2001 |
| 3000m steeple | Roelants Gaston | 05.02.1937 | 8'41"5 | BR | Oslo (Noorwegen) | 06.07.1977 |
| Hoog | Van Der Linden Luk | 1947 | 1m72 | | Tessengerlo | 17.06.1990 |
| Ver | Van Steenkiste Hans | 13.04.1958 | 6m28 | PR | Hasselt | 12.06.2000 |
| Hinkstap | Van Steenkiste Hans | 13.04.1958 | 12m58 | PR | Ninove | 24.06.2000 |
| Polstok | Van Hocht Jan | 01.06.1952 | 4m86 | BR | Vorst | 30.10.1994 |
| Kogel 7,260 kilo | De Greef Lievin | 1942 | 12m37 | | Mol | 06.06.1993 |
| Discus 2 kilo | Van Uytven Herman | 22.06.1962 | 48m62 | PR | Luik | 25.07.2002 |
| Speer 800 gr. N | Everaerts Eddy | 21.05.1962 | 53m25 | PR | Luik | 14.09.2003 |
| Speer 800 gr. O | Persyn Ulrik | 1940 | 47m02 | | Kessel-Lo | 10.06.1990 |
| Hamer 7,260 kilo | Dreckmeier Friedhelm * | 24.10.1959 | 38m90 | PR | Tessengerlo | 03.05.2006 |
| Gewichtwerpen 15,88 k. | Dreckmeier Friedhelm * | 24.10.1959 | 11m45 | | Huizen (Nederland) | 08.10.2006 |
| Vijfkamp | Van Der Linden Luk | 1947 | 2.949 punten | | Verona (Italië) | 01.07.1988 |
| Vijfkamp IAAF | Leemans Benny | 31.05.1961 | 2.155 punten | | Dilbeek | 04.08.2001 |
| | ver 5m20, speer 800 gr. N1999 26m71, 200m 26"18, discus 2 kilo 18m40, 1500m 4'32"34 | | | | | |
| Werpvijfkamp | Dreckmeier Friedhelm * | 24.10.1959 | 2.680 Punten | PR | Huizen (Nederland) | 08.10.2006 |
| er 7,260 k. 33m63, kogel 7,260 k 9m88, discus 2 k 28m68, speer 800 gr. N1999 36m59, gewichtwerpen 15,88 k 11m45 | | | | | | |
| Tienkamp | Dreckmeier Friedhelm * | 24.10.1959 | 3.809 punten | | Schaarbeek | 24.09.2006 |

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|--|-----------------------------------|--|--|--|--|------------|
| | 100m 12"68 | | | | | sept. 2006 |
| | ver 4m85 | | | | | |
| | kogel 7,260 k. 10m16 | | | | | |
| | hoog 1m58 | | | | | |
| | 400m 61"45 | | | | | |
| | 110mh 106 cm. 21"07 | | | | | |
| | discus 2 kilo 30m34 | | | | | |
| | polsstok 2m36 | | | | | |
| | speer 800 gr. N 1999 33m49 | | | | | |
| | 1500m 5'46"65 | | | | | |