



VERBETERDE DCLA CLUBRECORDS INDOOR SEIZOEN 2023 - 2024

(van 1 Okt 23 tot 30 Sep 24)

SCH	LOUIS SMEETS	200m	22"40	evenaring record (2011)	GENT	23/12/2023
W35	SOFIE RUMMENS	HOOG	1,64m	nieuw record	GENT	7/01/2024
W40	AN SERBRUYNS	KOGEL	7,16m	nieuw record	GENT	7/01/2024
M35	DIETER DE CONINCK	800m	3'14"85	nieuw record	GENT	7/01/2024
AC	ELIE BACARI	60m H	7"81	was 7"83 (2023)	GENT	7/01/2024
CAD	NIELS VANDEZANDE	60m	7"47	evenaring (2009 en 12)	GENT	7/01/2024
SCH	PHAEDRA DIRIX	60m	7"88	was 7"90 (2005)	GENT	13/01/2024
W40	LIEN TERRYN	60m	8"70	was 8"73 (2023)	GENT	13/01/2024
W40	LIEN TERRYN	200m	27"69	was 28"69 (2005)	GENT	13/01/2024
AC	ELIE BACARI	60m H	7"62	was 7"81 (2024)	LUXEMBURG (LUX)	21/01/2024
AC	PIETER SISK	1500m	3'38"90	was 3'39"79 (2023)	LUXEMBURG (LUX)	21/01/2024
SCH	JANNE CUPPENS	HINKSTAP	11,35m	was 10,37m (2023)	GENT	21/01/2024
CAD	NIELS VANDEZANDE	60m	7"32	was 7"47 (2024)	GENT	21/01/2024
AC	PIETER SISK	800m	1'46"10	was 1'48"2 (1976)	APELDOORN (NED)	27/01/2024
JUN + AC	NOOR KOEKELKOREN	60mH	8"48	was 8"53 (2023)	GENT	28/01/2024

JUN	NOOR JACQUES	1500m	4'42"20	was 4'46"91 (2022)	GENT	28/01/2024
W35	SOFIE RUMMENS	HOOG	1m65	was 1,64m (2024)	GENT	28/01/2024
W40	AN SERBRUYNS	KOGEL	7,23m	was 7,16m (2024)	HEUSDEN-ZOLDER	3/02/2024
AC	PIETER SISK	1000m	2'17"17 BR	was 2'24"00 (2019)	GENT	3/02/2024
AC	KWINTEN COOLS	KOGEL	17,55m	was 17,21m (2023)	GENT	3/02/2024
M55	MARC NEEFS	MIJL	4'59"67 BR	nieuw record	GENT	4/02/2024
AC	ELIE BACARI	60mH	7"61	was 7"62 (2024)	LIEVIN (FRA)	10/02/2024
JUN	DAI KEÏTA	7-KAMP	5521 pt	was 5353pt (2023)	LOUVAIN-LA-NEUVE	10 en 11/02/24
JUN + AC	NOOR KOEKELKOREN	60mH	8"35	was 8"48 (2024)	LOUVAIN-LA-NEUVE	18/02/2024
AC	KWINTEN COOLS	KOGEL	18,27m	was 17,55m (2024)	LOUVAIN-LA-NEUVE	18/02/2024
JUN	JULES VANSTEENKISTE	3000m	8'27"25	was 9'07"57 (2003)	LOUVAIN-LA-NEUVE	18/02/2024
JUN + AC	NOOR KOEKELKOREN	60mH	8"33	was 8"35 (2024)	GENT	23/02/2024
W40	LIEN TERRYN	400m	61"59	nieuw record	LOUVAIN-LA-NEUVE	24/02/2024
W40	LIEN TERRYN	200m	27"09	was 28"69 (2005)	LOUVAIN-LA-NEUVE	24/02/2024
W35	SOFIE RUMMENS	200m	27"59	was 27"99 (2007)	LOUVAIN-LA-NEUVE	24/02/2024
W55	AN VANHELLEMONT	HOOG	1,21m	evenaring record (2023)	LOUVAIN-LA-NEUVE	24/02/2024
M65	MARC GROENINCKX	800m	2'52"67	was 2'54"10 (2023)	LOUVAIN-LA-NEUVE	24/02/2024
CAD	NIELS VANDEZANDE	60m	7"26	was 7"32 (2024)	GENT	2/03/2024
CAD	NIELS VANDEZANDE	200m	22"92	was 23"21 (2009)	GENT	2/03/2024
AC	ELIE BACARI	60mH	7"58	was 7"61 (2024)	GLASGOW (GBR)	2/03/2024
AC	KWINTEN COOLS	KOGEL	18,31m	was 18,27m (2024)	LOUVAIN-LA-NEUVE	3/03/2024
JUN	NOOR JACQUES	1500m	4'36"82	was 4'42"20 (2024)	LOUVAIN-LA-NEUVE	3/03/2024
SCH	LOUIS SMEETS	400m	49"52	was 50"21 (2011)	LOUVAIN-LA-NEUVE	9/03/2024